

**DON'T JUST SURVIVE**  
**THRIVE**



**We are excited to be in session!**

**At this time due to the current circumstances THRIVE ILP will be conducting our Independent Living Skills workshops virtually. Any youth interested in attending are encouraged to contact us through our hotline 1-800-391-9601 or connect directly with the THRIVE Life Coach nearest you for more information:**

**Corona – Patricia G. ext. 120  
Riverside – Nicole H. ext. 107  
Moreno Valley – Karee S. ext. 116  
Murrieta – Laura S. ext. 108  
Desert – Maria W. ext. 112  
Perris – Dennise S. ext.105**

**We may be physically distant but we can stay socially connected and provide support and coaching.**

**\*\*\*Tentative virtual workshop schedule. Subject to change to in-person workshops based on county and state orders.**

**Take Care, Stay in Place, and Stay Safe!**

**24-HOUR HOTLINE 1-800-391-9601**





**2021 CALENDAR OF WORKSHOPS**  
**1<sup>st</sup> QUARTER: PERSONAL GROWTH & DEVELOPMENT**

<b>LOCATIONS</b>	<b>JANUARY</b>	<b>FEBRUARY</b>	<b>MARCH</b>
<b>Mondays @ Corona First Baptist Church</b> <a href="mailto:patriciag@oakgrovecenter.org">patriciag@oakgrovecenter.org</a> 1-800-391-9601 ext. 120 Drop-in: 3:30-5:00pm Workshop: 5:00-7:00pm	<b>4<sup>th</sup>:</b> Developing Personal Growth <b>11<sup>th</sup>:</b> Self-Esteem Building <b>18<sup>th</sup>:</b> <b>NO WORKSHOP/HOLIDAY</b> <b>25<sup>th</sup>:</b> Effective Communication/ Anger Management	<b>1<sup>st</sup>:</b> Cultural Diversity <b>8<sup>th</sup>:</b> Sober & Healthy Recreation/ Good Mental Health & Physical Health <b>15<sup>th</sup>:</b> <b>NO WORKSHOP/HOLIDAY</b> <b>22<sup>nd</sup>:</b> Keynote Guest Speaker	<b>1<sup>st</sup>:</b> Guide To Independence: Goals vs Dreams <b>8<sup>th</sup>:</b> GRADUATION CELEBRATION!
<b>Tuesdays @ Moreno Valley College</b> <a href="mailto:karees@oakgrovecenter.org">karees@oakgrovecenter.org</a> 1-800-391-9601 ext. 116 Drop-in: 4:00-5:00pm Workshop: 5:00-7:00pm	<b>5<sup>th</sup>:</b> Developing Personal Growth <b>12<sup>th</sup>:</b> Self-Esteem Building <b>19<sup>th</sup>:</b> Good Mental Health & Physical Health <b>26<sup>th</sup>:</b> Effective Communication	<b>2<sup>nd</sup>:</b> Anger Management <b>9<sup>th</sup>:</b> Cultural Diversity <b>16<sup>th</sup>:</b> Sober & Healthy Recreation <b>23<sup>rd</sup>:</b> Keynote Guest Speaker	<b>2<sup>nd</sup>:</b> Guide To Independence: Goals vs Dreams <b>9<sup>th</sup>:</b> GRADUATION CELEBRATION!
<b>Tuesdays @ United Methodist Church</b> <a href="mailto:nicoleh@oakgrovecenter.org">nicoleh@oakgrovecenter.org</a> 1-800-391-9601 ext. 107 Drop-in: 3:00-4:00pm Workshop: 4:00-6:00pm	<b>5<sup>th</sup>:</b> Developing Personal Growth <b>12<sup>th</sup>:</b> Self-Esteem Building <b>19<sup>th</sup>:</b> Good Mental Health & Physical Health <b>26<sup>th</sup>:</b> Effective Communication	<b>2<sup>nd</sup>:</b> Anger Management <b>9<sup>th</sup>:</b> Cultural Diversity <b>16<sup>th</sup>:</b> Sober & Healthy Recreation <b>23<sup>rd</sup>:</b> Keynote Guest Speaker	<b>2<sup>nd</sup>:</b> Guide To Independence: Goals vs Dreams <b>9<sup>th</sup>:</b> GRADUATION CELEBRATION!
<b>Wednesdays @ Murrieta Oak Grove Center Gym</b> <a href="mailto:lauras@oakgrovecenter.org">lauras@oakgrovecenter.org</a> 1-800-391-9601 ext. 108 Drop-in: 4:00-5:00pm Workshop: 5:00-7:00pm	<b>6<sup>th</sup>:</b> Developing Personal Growth <b>13<sup>th</sup>:</b> Self-Esteem Building <b>20<sup>th</sup>:</b> Good Mental Health & Physical Health <b>27<sup>th</sup>:</b> Effective Communication	<b>3<sup>rd</sup>:</b> Anger Management <b>10<sup>th</sup>:</b> Cultural Diversity <b>17<sup>th</sup>:</b> Sober & Healthy Recreation <b>24<sup>th</sup>:</b> Keynote Guest Speaker	<b>3<sup>rd</sup>:</b> Guide To Independence: Goals vs Dreams <b>10<sup>th</sup>:</b> GRADUATION CELEBRATION!
<b>Wednesdays @ Oak Grove in The Desert</b> <a href="mailto:mariaw@oakgrovecenter.org">mariaw@oakgrovecenter.org</a> 1-800-391-9601 ext. 112 Drop-in: 3:00-4:30pm Workshop: 4:30-6:30pm	<b>6<sup>th</sup>:</b> Developing Personal Growth <b>13<sup>th</sup>:</b> Self-Esteem Building <b>20<sup>th</sup>:</b> Good Mental Health & Physical Health <b>27<sup>th</sup>:</b> Effective Communication	<b>3<sup>rd</sup>:</b> Anger Management <b>10<sup>th</sup>:</b> Cultural Diversity <b>17<sup>th</sup>:</b> Sober & Healthy Recreation <b>24<sup>th</sup>:</b> Keynote Guest Speaker	<b>3<sup>rd</sup>:</b> Guide To Independence: Goals vs Dreams <b>10<sup>th</sup>:</b> GRADUATION CELEBRATION!
<b>Thursdays @ Perris Oak Grove at The Ranch</b> <a href="mailto:dennis@oakgrovecenter.org">dennis@oakgrovecenter.org</a> 1-800-391-9601 ext. 105 Drop-in: 3:00-4:30pm Workshop: 4:30-6:30pm	<b>7<sup>th</sup>:</b> Developing Personal Growth <b>14<sup>th</sup>:</b> Self-Esteem Building <b>21<sup>st</sup>:</b> Good Mental Health & Physical Health <b>28<sup>th</sup>:</b> Effective Communication	<b>4<sup>th</sup>:</b> Anger Management <b>11<sup>th</sup>:</b> Cultural Diversity <b>18<sup>th</sup>:</b> Sober & Healthy Recreation <b>25<sup>th</sup>:</b> Keynote Guest Speaker	<b>4<sup>th</sup>:</b> Guide To Independence: Goals vs Dreams <b>11<sup>th</sup>:</b> GRADUATION CELEBRATION!

**BREAK: MARCH 15 - 26, 2021**

**CALL HOTLINE FOR INDIVIDUAL APPOINTMENTS**

**24-HOUR HOTLINE 1-800-391-9601**